NO COST PREVENTIVE MEDICATIONS by drug category



The Patient Protection and Affordable Care Act (PPACA), commonly referred to as "health care reform," was signed into law on March 23, 2010. This important legislation will result in changes to every American's health coverage including coverage of preventive health care services and certain medications with **no out-of-pocket cost** to individuals.

Health care reform provides specific preventive medications at no cost

Certain categories of drugs and other products have been included in the preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations emphasize prevention of disease and meeting the unique health care needs of women.

In accordance with the PPACA requirements, and subject to any applicable limitations in your Cigna administered pharmacy benefit plan, the following products and prescription medications (as well as specific over-thecounter medications) will be available to you at no cost (copay, coinsurance and/or deductible). Please see your plan materials or visit **myCigna.com** for specific details about how these products and medications may be covered under your specific plan. **You can also call the number on the back of your ID card 24 hours a day, 365 days a year, for help.**

You should consult with your doctor in choosing the product or drug that is right for you. This list is provided to help you discuss with your doctor the options that may be appropriate and available to you at no cost. A prescription from your doctor is required to process any claim for preventive care drugs or products under your pharmacy plan, including over-the-counter drugs.





Aspirin products

Available to: Males: 45 – 79 years Females: 55 – 79 years Adult Low Dose Aspirin Adult Low Strength Aspirin Ascriptin Aspir 81

Aspirin Aspirin Buffered Aspirin EC Aspirin Tri-Buffered Aspir-Low Aspir-Mox Aspir-Trin Aspridrox Baby Aspirin Bayer Aspirin Bayer Children's Aspirin Bayer with Calcium Bufferin Children's Aspirin Doan's Regular Ecotrin Ecpirin Genacote Halfprin Lite Coat Aspirin Lo-Dose Aspirin Low Dose Aspirin St. Joseph Aspirin Tri-Buffered Aspirin

Barrier contraception

Available to Females Encare FC Condom Femcap Gynol II Ortho All-Flex Reality Today Contraceptive Sponge VCF Wide Seal Diaphragm

Emergency contraception* Available to Females

Ella Levonorgestrel Next Choice

Folic acid supplements

Available to Females (Only products containing from 0.5 mg – 0.8 mg of folic acid are included)

Biocel, Chewable Prenatal Folic Acid KPN Maxinate Mission Prenatal Mission Prenatal FA Mission Prenatal HP Natalcare RX One-A-Day Women's Prenatal DHA Optinate P-D Natal Plus With Folic Acid P-D Natal Plus Perry Prenatal Prenatal Prenatal Complete Prenatal Formula Prenatal Plus DHA Prenatal RX Prenatal S Prenavite Preque 10 **Right Step Prenatal Vitamins** Stuart Prenatal Supervite EC Urosex Vitacel

Hormonal contraception*

Available to Females Altavera Amethia Amethyst Apri Aranelle Aviane Azurette Balziva Briellvn Camila Camrese Caziant Cesia Cryselle Cyclafem Cyclessa

Emoquette Enpresse Errin Gianvi Gildess FE Heather Introvale Jolessa Jolivette Junel FE Junel Kariva Kelnor 1-35 Leena Lessina Levora-28 Loryna Low-Ogestrel Lutera Medroxyprogesterone Acetate 150 mg/ml Microgestin Microgestin FE Mononessa Necon Nora-BE Norethindrone Norethindrone-Ethinyl Estradiol Norgestimate-Ethinyl Estradiol Norgestrel-Ethiny Estradiol Nortrel Nuvaring Ocella Ogestrel Orsythia Ortho Evra Portia Previfem Quasense Reclipsen Solia Sprintec Sronyx Syeda Tilia FE Tri-Legest FE Trinessa Tri-Previfem Tri-Sprintec

Zarah Zenchent Zenchent FE Zeosa Zovia 1-35E Zovia 1-50E

Pediatric multivitamins (containing fluoride and fluoride supplements)

Available to Males and Females: six months – six years

Epiflur Ethedent Fluorabon Fluor-A-Day Fluoritab Flura-Drops Ludent Fluoride Luride Multi-Vita Bets-Fluoride Multivitamins W-Fluoride-Iron Multivitamins With Fluoride MVC-Fluoride Poly-Vi-Flor Poly-Vitamin With Fluoride Polyvitamin With Iron-Fluoride Polyvitamins-Fluoride Renaf Sodium Fluoride Triplevite With Fluoride Tri-Vit with Fluoride-Iron Tri-Vitamin with Fluoride Tri-Vitamin with Iron-Fluoride Tri-Vitamin-Fluoride

Pediatric ironcontaining products

Available to Males and Females: six – 12 months

Fer-Gen-Sol Fer-In-Sol Fer-Iron Ferrous Sulfate Icar Mykidz Iron 10 Siderol Vitafol Wee Care



*Food and Drug Administration (FDA) approved female contraceptives are listed above. Additional FDA approved contraceptives (e.g., brand oral contraceptive medications that have a generic alternative or a generic therapeutic alternative) may be covered at your plan's preferred or nonpreferred cost share.

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